



Parkfield Primary School Galley

Summer Menu 2019/2020

Recess 10.55am

Lunch 1.15pm

The Canteen will be open from 8:00am to 2:00pm

NOTE: All prices are subject to change.

Our Menu complies with the Australian School Canteen Association 'traffic light' guidelines with more than 60% of the items classified "green" and recommended for daily consumption. Amber items have been selected carefully and their availability to students is limited.

Speak with our Manager, Eryn or call on 0406 425 560 / 9796 5900 for:

VOLUNTEERING: Our Canteen relies on volunteers so if you have a couple of hours to spare any day of the week, we'd love to hear from you.

DONATIONS: Unable to volunteer, donations to keep the breakfast program running are always welcome

SPECIAL DIETARY NEEDS: For Students and Staff, please phone or drop in to discuss any special dietary needs.

**** **LUNCH BAGS 5c each (10 for 50c, 20 for \$1)** ****





RECESS *(Available over the counter)*

Prices range from 0.50c to \$1.00

Including Cheesies, Custard Cups, Yoghurt, Anzac Biscuits, Muffins, Weetbix Slice, Healthieries Snacks, Fruit Sticks, and these daily amber specials

Monday:	Pancakes	\$1.00
Tuesday:	Dino Nugget (Max of 4)	\$0.50
Wednesday:	Mini Hotdog (Max of 2)	\$1.00
Thursday:	Hash Browns (Max of 2)	\$1.00
Friday:	Dino Nugget (Max of 4)	\$1.00

DRINKS (available recess & lunch)

 Water	\$1.50
 250ml Harvey Fresh 99% Fruit Juice Box (Apple / Apple & blackcurrant / Orange / Tropical)	\$1.50
 Browns Choc, Strawberry or Spearmint Milk 300ml	\$2.50
 Juice Bombs (Blackcurrant / Apple & Raspberry / Grape / Watermelon)	\$2.50

PRE-ORDER FOR LUNCH TIME ONLY



(not available to Kindy or Pre-Primary)

 Milk Shakes: Chocolate / Strawberry / Spearmint	\$1.50
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Remember to **bring your lunch bag up to canteen to get your milkshake**








LUNCH ONLY (After 1.30)

(not available to Kindy or Pre-Primary)

 Variety of Frozen Ice-Creams, Yoghurts & Fruits	\$0.50	to	\$1.50
 Slushy	Small \$1.00	Large	\$2.00





*****EVERY DAY*****

HOT FOOD

 Pasta Bolognese (Home made)	\$4.00
 Chicken Curry & Rice (mild) GF (Home made)	\$4.00
 Free Range Chicken Tender Sub with lettuce, cheese & mayo	\$4.00
 Macaroni Cheese	\$4.50
 Lasagne	\$4.50
 Hamburger with Salad	\$5.00
 Grilled Chicken Burger with Salad	\$5.00

TOASTED SANDWICHES

(Bring your lunch bag to the canteen to collect)

 Cheese	\$3.00
 Cheese & Spaghetti	\$3.50
 Ham & Cheese (add tomato 0.50c)	\$3.50
 Chicken, Cheese & Mayo	\$4.00

ROLLS, SANDWICHES & WRAPS



	S/W	ROLL	WRAP
 Salad (carrot, cucumber, tomato, lettuce)	\$3.00	\$3.50	\$3.50
 Ham or Chicken only	\$3.00	\$3.50	\$3.50
 Egg & Mayo or Curried	\$3.50	\$4.00	\$4.00
 Ham & Cheese	\$3.50	\$4.00	\$4.00
 Ham & Salad	\$4.00	\$4.50	\$4.50
 Chicken & Salad	\$4.50	\$5.00	\$5.00
 Tuna & Salad	\$5.00	\$5.50	\$5.50

ADD YOUR FAVOURITES:



Carrot, Cucumber, Lettuce	\$0.20
Beetroot, Pineapple, Tomato or Cheese	\$0.50
Egg	\$1.00
Make it Gluten Free	\$1.00

******SPECIALS of the DAY******




MONDAY

-  **Lunch Box** – 2 *Mini Sausage Rolls* / sauce sachet \$6.00
with carrot sticks, an apple, mini muffin & juice box
-  **Party Pie** (add a sauce sachet for .50c) \$1.50



TUESDAY

-  **Lunch Box 2 – Mini Hotdog** with pancake, choc mousse, \$6.00
seasonal fruit & juice box
-  **Dominos Pizza** (Cheese / Hawaiian / Meat Lovers / Ham Cheese) \$4.50




WEDNESDAY

-  **Lunch Box - Mini Ham, Cheese, Spinach Roll** \$6.00
with hash brown, mini fruit muffin & juice box
-  **2 Chicken Yummy Drummy's in a Roll** with Tomato Sauce \$4.00
-  **Sausage Roll** (add a sauce sachet for .50c) \$3.50

THURSDAY

-  **Lunch Box 1 - Ham & Cheese Pinwheels** with a pancake, \$6.00
fruit salad, yoghurt pouch & juice box
-  **Lunch Box 2 – McCains Bacon & Cheese Pizza** with \$6.00
seasonal fruit, Weetbix slice & juice box

FRIDAY

-  **Sausage Roll** (add a sauce sachet for .50c) \$3.50
-  **Free Range Chicken Tender Wrap** \$4.00
(1 chicken tender with cheese, carrot, lettuce & mayo)
-  **Nacho Dippers (GF)** (Bolognaise and cheese sauce with corn chips) \$6.00